



Dante's
FINE FOODS

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GEORGIA'S BRAIN BALLS

Ingredients:

1 ½ Cups **Uncle Joes Walnuts** – new season arriving in April/May

8 Fresh Pitted Dates

½ Cup **Raw Planet Raw Organic Cacao Powder**

¼ Cup **Ceres Organics Whole Flaxseeds**

¼ Cup Sesame Seeds

Pinch of Salt

¼ tsp **Equagold Pure Vanilla Extract**

2 Tbsp of Water

Raw Planet Organic Shredded Coconut to coat

Method:

Simply place all ingredients in a food processor and mix until it forms a dough like mixture. Remove from the food processor and roll into balls. Simply coat in coconut and chill.

Variations:

- You can also try coating the balls in chocolate instead of coconut, simply melt **Equagold Belgian Style Couverture Chocolate 70%** in a shallow bowl and roll balls to coat, then chill.
- If you want a fruity twist add a handful of **Ceres Organics Dried Cranberries** or **Ceres Organics Sundried Apricots**.
- For an even bigger boost to the immune system add a few **Ceres Organics Sundried Goji Berries**.
- Substitute the sesame seeds for **Ceres Organic Chia Seeds**.

DID YOU KNOW??

We stock a good range of Raw Super Foods?

- Raw Planet Organic Cacao Nibs
- Raw Planet Organic Cacao Butter
- Raw Planet Organic Cacao Powder
- Ceres Organics Chia Seeds
- Ceres Organics Brown Rice Malt Syrup
- Organic Yacon Syrup
- Ceres Organics Coconut Butter
- Ceres Organics Coconut Chips
- Ceres Organics Pumpkin Seed Butter
- Ceres Organics LSA
- Ceres Organics Psyllium Husk